

## Day 1, Wednesday, 21 March 2018

Time	CADAVER 1	Time	CADAVER 2
<b>SUPERPATH CADAVERIC WORKSHOP (MICROPORT)</b>		<b>KNEE SPORT (ARTHREX-AMICO)</b>	
08:45	Arrivals & Welcome	08:30 - 08:35	Chairman Welcome <b>N. Darwich</b>
09:00	SuperPath® Concept <b>Dr. Carlomagno Cardenas</b>	08:35 - 08:45	Advances in ACL Reconstruction and Repair Fixation – Internal Brace <b>R. Kundra</b>
09:20	SuperPath® Surgical Technique <b>Mr. Michael Cronin</b>	08:45 - 08:55	Multiligament instability – Does it play a role in knee functionality and ACL performance? <b>R. Kundra</b>
09:40	SuperPath® Indications: One for All <b>Dr. Carlomagno Cardenas</b>	09:00 - 09:10	My experience with Internal Bracing for ACL reconstruction <b>N. Darwich</b>
10:00	SuperPath® Clinical Results <b>Mr. Michael Cronin</b>	09:10 - 09:20	Importance of Meniscal Root Repair <b>N. Darwich</b>
10:20	Q&A	09:20 - 09:30	My experience with Root Repair and Ramp Lesions <b>R. Kundra</b>
10:30	Cadaveric Workshop Session #1	09:30 - 10:00	<b>COFFEE BREAK</b>
12:30	BREAK	10:00 - 12:00	<b>GraftLink ACL Reconstruction with Internal Brace – Lab All</b>
13:00	Cadaveric Workshop Session #2	12:00 - 13:00	<b>LUNCH BREAK</b>
14:45	Discussion	13:00 - 14:00	Ramp Lesion Approach and Technique – Lab All
		14:00 - 15:30	Meniscal Root Repair – Lab All
		15:30 - 17:00	All LAB

## Day 2, Thursday, 22 March 2018

Time	CADAVER 1	Time	CADAVER 2
<b>KNEE SPORT (SMITH &amp; NEPHEW)</b>			
<b>SESSION 1 ACL</b>		<b>SESSION 2 ACL &amp; MENISCUS</b>	
08:45 - 09:00	Welcome/ introduction <b>S&amp;N</b>	10:30 - 10:45	Failed ACL reconstruction <b>N. Darwich</b>
09:00 - 09:15	Graft selection, Harvesting and preparation <b>K. Zahrani</b>	10:45 - 11:00	Meniscal Pathology <b>K. Zahrani</b>
09:15 - 09:30	ACL Anatomy & Anatomic ACL reconstruction <b>N. Darwich</b>	11:00 - 11:15	Current concepts of Meniscal repair - All-inside Technique <b>N. Darwich</b>
09:30 - 09:45	Transtibial v/s transportal ACL reconstruction & tunnel placement <b>K. Zahrani</b>	11:15 - 11:30	Meniscal root repair <b>K. Zahrani</b>
09:45 - 10:00	Intraoperative complications: solutions & prevention <b>N. Darwich</b>	11:30 - 12:00	Q&A All
10:00 - 10:15	Q&A All	12:00 - 13:00	<b>LUNCH BREAK &amp; GETTING READY FOR LAB</b>
10:15 - 10:30	<b>COFFEE BREAK</b>	13:00 - 16:30	LAB (Meniscal repair / Anatomic ACL reconstruction / PCL reconstruction) All
		17:00	<b>END OF TRAINING</b>
		19:30 - 22:00	<b>COURSE DINNER</b>

## Day 3, Friday, 23 March 2018

Time	CADAVER 1	Time	Hotel Al Manzel
<b>eMP™ KNEE ARTHROPLASTY (MICROPORT)</b>		<b>BIOSKILLS (ZIMMER BIOMET)</b>	
08:45	Arrivals & Welcome	16:00	Registration
09:00	Kinematics in TKA & Medial-Pivot Concept <b>Prof. Theofilos Karachalios</b>	16:30	Welcome and Course Introduction <b>ZBI</b>
09:25	Safety and longevity of the Medial-Pivot <b>Prof. Theofilos Karachalios</b>	16:40	What is a Difficult Primary Knee? <b>R. Rossi</b>
09:50	Medial-Pivot Surgical Technique <b>Dr. Mohamed Elfekky</b>	17:00	The Difficult Approach <b>S. Tarabichi</b>
10:15	Q&A	17:20	Planning the intervention <b>I. Ilyas</b>
10:30	Cadaveric Workshop Session #1	17:40	Importance of cementing technique: cement-implant and cement-bone <b>P. Chapman-Sheath</b>
12:30	<b>BREAK</b>	18:00	<b>COFFEE BREAK</b>
13:00	Cadaveric Workshop Session #2	18:20	Severe Varus/Valgus Deformity <b>I. Ilyas</b>
14:45	Discussion	18:40	The Stiff Knee <b>P. Chapman-Sheath</b>
15:00	Adjourn	19:00	Patella Instability/Extensor Mechanism Insufficiency <b>S. Tarabichi</b>
		19:00	Difficult Case Discussion All
		19:25	Summary and Communications <b>ZBI</b>
		19:30	<b>CLOSE - DAY 1</b> <b>COURSE DINNER</b>

## Day 4, Saturday, 24 March 2018

Time	CADAVER 1	Time	CADAVER 2
<b>KNEE ARTHROPLASTY (ZIMMER BIOMET)</b>		<b>FOOT &amp; ANKLE (ARTHREX-AMICO)</b>	
07:30	Departure from hôtel	09:00 - 12:00	<b>Session 1- Forefoot Theory</b>
08:30	Introduction, Health & Safety <b>ZBI</b>	09:00 - 09:30	Hallux Valgus Solutions <b>Dr. Nasef</b>
08:40	Procedure Review: Primary Persona TKA <b>R. Rossi</b>	09:30 - 09:40	MTP Fusion <b>Dr. Maan</b>
09:00	1st Lab session - Group 1 - Persona PS (Posterior Stabilized) All 1st Lab session - Group 2 - Persona CR (Cruciate retaining) / MC (Medial Congruent) All	09:40 - 09:50	Minimally Invasive Surgery <b>Dr. Maan</b>
10:30	<b>COFFEE BREAK</b>	09:50 - 10:00	Q and A (Open)
10:50	2nd Lab session - Group 2 - Persona PS (Posterior Stabilized) All Group 1 - Persona CR (Cruciate retaining) / MC (Medial Congruent) All	10:00 - 12:00	<b>Practical (All)</b> <b>Hallux Valgus Solutions</b> Distal HV Correction, Scarf Osteotomy, Proximal Opening Wedge Osteotomy <b>1st MTP Fusion</b> MTP Fusion Plate <b>MIS (Minimally Invasive Surgery)</b> MIS Blades and Burrs
12:20	Surgery review and discussion All	12:00 - 12:30	<b>LUNCH BREAK</b>
12:35	Evaluation All	12:30 - 13:30	<b>Sports Injury Ankle Theory</b>
13:00	<b>CLOSE - DAY 2</b>  <b>LUNCH &amp; DEPARTURE FROM SHARJAH UNIVERSITY</b>	12:30 - 12:40	Achilles Speed Bridge <b>Dr. Maan</b>
		12:40 - 12:50	Achilles PARS <b>Dr. Maan</b>
		12:50 - 13:00	Achilles Mid-Substance Speed Bridge <b>Dr. Maan</b>
		13:00 - 13:10	Lateral Ankle Instability-Brostrom with Internal Brace <b>Dr. Nasef</b>
		13:10 - 13:20	Ankle Fracture with Syndesmosis Repair <b>Dr. Nasef</b>
		13:20 - 13:30	Q and A (All)
		13:30 - 16:00	<b>Practical</b> Achilles Repair Options Achilles Speed Bridge, Achilles Mid-Substance Speed Bridge, PARS Lateral Ankle Instability Brostrom with Internal Brace Ankle Fracture and Syndesmosis Repair Options Ankle Fracture Plate, Syndesmosis Repair (Tigthrope) End